

TERM PROGRAMMES

TERM 4 2018
15th Oct – 15th Dec

Preschool Gymnastics 2yrs + (45min)

\$105

Ideal for growth and development, classes consist of games, stretching, gymnastics circuits and basic skills. Focusing on fundamental movement patterns through gymnastics activities, this class helps build confidence and body awareness in a fun and active environment.

Our Preschool Gymnastics classes require a 1:1 Parent/ Caregiver to Child ratio.

2yrs–3yrs

Mon	9:15am
Wed	10:00am
Sat	9:00am

3yrs–4yrs

Mon	10:00am
Thurs	10:00am
Sat	9:45am

Recreation Gymnastics 5yrs + (PINK – BEGINNER) (1hr)

\$115.50

Pink is our beginner class for gymnastics at the YMCA. Participants of this class will be working through their Pink beginner level skills.

Mon	3:30pm
Wed	3:30pm

Recreation Gymnastics 5yrs + (BLUE – INTERMEDIATE) (1hr)

\$115.50

Blue is our intermediate class for gymnastics at the YMCA. Participants of this class would have passed the Pink beginner skills and be working through their Blue intermediate level skills.

Mon	3:30pm
Wed	3:30pm
Sat	10:30am

Recreation Gymnastics 5yrs + (RED – ADVANCED) (1hr)

\$115.50

Red is our experienced gymnastics class for gymnastics at the YMCA. Participants of this class would have passed the Blue intermediate skills and be working through their Red experienced level skills.

Mon	3:30pm
Wed	3:30pm
Sat	10:30am

Stages Gymnastics (STAGE 1) (1hr)

\$126

Stage 1 is the first level of our Stages programme. Participants of this class would have passed the Red experienced skills and be working through their Stage 1 skills.

Mon	3:30pm
	4:30pm
Wed	3:30pm
	4:30pm
Sat	11:30am

Stages Gymnastics (STAGE 2) (1hr)

\$126

Stage 2 is the second level of our Stages programme. Participants must have passed the Stage 1 level skills.

Mon	4:30pm
Wed	4:30pm
Sat	11:30am

Stages Gymnastics (STAGE 3) (1hr)

\$126

Stage 3 is the third level of our Stages programme. Participants must have passed the Stage 2 level skills.

Mon	4:30pm
Wed	4:30pm
Sat	11:30am

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Homeschool Gymnastics 5yrs + (1 hr)

\$115.50

Our Homeschool Gymnastics class works through both the Colours (Pink, Blue, Red) and Stages levels. The class is separated by age and level to suit all participants.

Wed 1:30pm

Preschool Dance 2yrs + (30min)

\$105

These classes are a great introduction to dance for pre-school aged children, and are designed to develop coordination, musicality and confidence. This class provides the children with a way to express themselves within a fun and imaginative environment.

Mon 11:30am

Hip Hop (45min)

\$115.50

Our hip hop programme caters for aspiring dancers aged 5 years through to teenagers. Using the latest hip hop and R&B music, dancers gain skills in coordination, musicality, strength and confidence in a fun, relaxed environment.

5-7yrs
Thurs 3:30pm
8yrs +
Thurs 4:15pm

Junior Basketball (1hr)

\$115.50

Our junior basketball classes teach ball handling skills, drills, shooting and aiming, and teach an understanding of the rules of basketball in a non-competitive, fun environment. We aim to create confidence, team work and overall fitness of all players.

5-6yrs
Thurs 3:30pm
7-9yrs
Tues 3:30pm
Thurs 4:30pm
10yrs
Tues + 4:30pm

Casual Pass

\$15.50

Not sure which one of our programmes is right for you? Casual passes are perfect to try out one of our classes. Purchase a casual pass at Reception and present it to the instructor for your trial.

A casual pass is valid for one class only, and can only be used for classes that are not fully booked.

Available for all kids programmes that are not already fully booked.

Birthday Parties 2yrs – 12yrs (2hrs)

\$270

YMCA Birthday Parties provide an exciting and engaging option for your next birthday celebration. The first hour is in our stadium that is set up with a range of exciting equipment. This hour involves games, activities and free play on the equipment and bouncy castle.

The second hour includes the use of a private function room with kitchen facilities, tables and chairs.

Saturday & Sunday

Do you attend Marist Primary or Mt Albert Primary School? Our Walking School Bus can bring you from school to our centre for your Recreation programme, and can also provide After Care for before or after your class. Head to ymca-aki-ham-bop.aimyplus.com to book.