

TERM PROGRAMMES

TERM 1 2019
11th Feb – 13th Apr

Preschool Gymnastics 2yrs + (45min)

Ideal for growth and development, classes consist of games, stretching, gymnastics circuits and basic skills. Focusing on fundamental movement patterns through gymnastics activities, this class helps build confidence and body awareness in a fun and active environment.

Our Preschool Gymnastics classes require a **1:1 Parent/ Caregiver to Child** ratio.

\$111

2yrs–3yrs

Mon	9:15am
Wed	10:00am
Sat	9:00am

3yrs–4yrs

Mon	10:00am
Thurs	10:00am
Sat	9:45am

Recreation Gymnastics (1hr)

Pink is our **beginner** class for gymnastics at the YMCA. Participants of this class will be working through their Pink beginner level skills. It is perfect for **4-6 year olds** who have not tried gymnastics before, or have moved through our Preschool programme.

Blue is our **intermediate** class for gymnastics at the YMCA. Participants of this class would have passed their Pink beginner skills and be working through their Blue intermediate level skills. It is perfect for **6-7 year olds** who have not tried gymnastics before or may be new to our YMCA programme.

Red is our **experienced** class for gymnastics at the YMCA. Participants of this class would have passed their Blue intermediate skills and be working through their Red experienced level skills. It is perfect for children **8 years and older** who may be new to our YMCA programme.

\$122

PINK

Mon	3:30pm
Wed	3:30pm
Sat	10:30am

BLUE

Mon	3:30pm
Wed	3:30pm
Sat	10:30am

RED

Mon	3:30pm
Wed	3:30pm
Sat	10:30am

Stages Gymnastics (1hr)

Gymnasts in our Stages class have passed through all of our colours levels, or are perfect for gymnasts who have **8 years and older** and have had previous gymnastics experience.

Stage 1 is the first level of our Stages programme. Participants of this class would have passed the Red experienced skills and be working through their Stage 1 skills.

Stage 2 is the second level of our Stages programme. Participants must have passed the Stage 1 level skills.

Stage 3 is the third level of our Stages programme. Participants must have passed the Stage 2 level skills.

\$133

STAGE 1

Mon	4:30pm
Wed	4:30pm
Sat	10:30am

STAGE 2

Mon	4:30pm
Wed	4:30pm
Sat	11:30am

STAGE 3

Mon	4:30pm
Wed	4:30pm
Sat	11:30am

Advanced Gymnastics (1hr)

Our Advanced group are those who have passed through all colours and all the stages levels. These gymnasts are working towards their YMCA Gymnastics Badges and competition routines. This Advanced Gymnastics class is by **invitation only**. Please speak to a Gymnastics Instructor to be considered for this class.

\$133

Mon	4:30pm
Wed	4:30pm
Sat	11:30am

Mt Albert Community and Leisure Centre
773 New North Rd, Mt Albert, Auckland 1025
Ph: 09 846 0788
Book at ymcakidsrec.aimyplus.com



Out there,
around here.

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Homeschool Gymnastics (1 hr)

\$122

Our homeschool gymnastics class works through all the colours (Pink, Blue, Red), stages and advanced levels. The class is separated both by age and level to suit all participants from ages **4 to 12 years**.

Wed 1:30pm

Hip Hop (45min)

\$122

Our hip hop programme caters for aspiring dancers aged **5 to 12 years**. Using the latest hip hop and R&B music, dancers gain skills in coordination, musicality, strength and confidence in a fun, relaxed environment. Dancers work towards the Dance Show held at the end of every term.

5-7yrs
Thurs 3:30pm

8yrs +
Thurs 4:15pm

Junior Basketball (1hr)

\$122

Our junior basketball classes teach ball-handling skills, drills, shooting and aiming, and teach an understanding of the rules of basketball in a non-competitive, fun environment. Our classes are separated by age – from **5 to 12 years**. We aim to create confidence, teamwork and overall fitness of all players. Players work towards tournaments each year.

5-6yrs
Thurs 3:30pm

7-9yrs
Tues 3:30pm
Thurs 4:30pm

10yrs +
Tues 4:30pm

Casual Pass

\$16.50

Not sure which one of our kids recreation programmes is right for you? Casual passes are perfect to try out one of our classes. Purchase a casual pass at Reception and present it to the instructor for your trial.

Available for all kids programmes that are not already fully booked.

A casual pass is valid for **one class only**, and can only be used for classes that **are not fully booked**.

Birthday Parties 2yrs – 12yrs (2hrs)

\$270

YMCA Birthday Parties provide an exciting and engaging option for your next birthday celebration. The first hour is in our stadium that is set up with a range of exciting equipment. This hour involves games, activities and free play on the equipment and bouncy castle. The second hour includes the use of a private function room with kitchen facilities, tables and chairs.

Saturday & Sunday

Do you attend Marist Primary or Mt Albert Primary School? Our Walking School Bus can bring you from school to our centre for your Recreation programme, and can also provide After Care for before or after your class. Head to ymca-aki-ham-bop.aimyplus.com to book.

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